



MUSCLE BALM

For Aches & Pains

Hurts So Good

Ancient blend of herbs, botanical oils, and capsaicin extracted from the hottest chili peppers in the world, Muscle Balm helps you feel better and relieve those unwanted aches and pains. Loved by elite athletes, farmers, moms, and dads, and everyone in between, this potent blend intuitively draws circulation to the area of need and is the perfect balance between comforting cooling action and soothing heat.

Unique travel size makes it convenient for you to care for your muscles, hands free and on the go.

- ▽ Non synthetic
- ▽ Works with your body
- ▽ Supports long term recovery and immediate relief



Can you take the heat?

KEY INGREDIENTS:

- Capsaicin – boasts an impressive nutrient profile and may relieve pains such as joint, muscle, lower back and more.
- St. John's Wort – anti-inflammatory, may reduce swelling, calm mood and act as a muscle relaxant.
- Menthol – may lessen pain and fight bacteria.
- Arnica – may help with bruises, muscle aches and pains, inflammation and swelling.

BENEFITS:

- Soothing
- Cooling
- Relieving
- Warming
- Stimulating
- Restorative

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

HOW TO USE:

Apply balm to aches and pains. Don't get muscle balm on your hands. Dilute with coconut oil if the heat is too much or if you forget not to get it on your hands. Avoid sensitive parts and eyes. Feel the burn.

How much do I apply? Use the Balm applicator. Muscle Balm is highly concentrated and powerful, a little goes a long way and it can reactivate as your day goes on when you sweat. Avoid eyes and hands and mucous membranes!

What do I do if I applied too much? If you feel that you have applied too much or are experiencing too much intensity, we recommend diluting with coconut oil. It's been known to make grown men cry...in that hurts so good, kind of way.

PRO TIP:

All we're sayin' is don't get it on your hands, don't mistake it for lip balm, and remember it reactivates when you sweat or shower.

INGREDIENTS:

Farm Fresh Cera Alba (Beeswax), Mentha Arvensis, Olea Europaea (Olive) Oil, Hypericum Perforatum Extract (St. John's Wort), Ricinus Communis Seed (Castor) Oil, Arnica Montana Flower Extract, Argania Spinosa Kernel Oil, Calendula Officinalis Flower Oil, Calophyllum Inophyllum Seed Oil, Essential Oils, Capsicum Frutescens Fruit Extract

WARNINGS:

If this product generates too much heat for you, add coconut oil or any other type of oil to cool down. Water will activate the heat, so avoid water or rinsing if attempting to dilute. Keep out of reach from children.

STORAGE INSTRUCTIONS:

Keep in a cool place as the balm may melt if overheated.

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